

# Reviews of Recent Books



**Diets Are For People. A Textbook of Diet Therapy**, by C. W. Shearman. Appleton-Century-Crofts, New York, 1963, pp. 126.

This is a very readable text written in a chatty first person style. The text is philosophical and personal in its approach giving only the essence of information about diet therapy. In the preface, the author indicates that the nurse or dietetic student reading the book should be able to answer three important questions after each chapter: "(1) Why is the diet used? (2) What is the diet? (3) What do you hope to accomplish by using the diet?" Essentially, it is possible to answer these questions at the ends of the chapters which include discussion of the fairly well standardized diets. The text does not contain detailed data or information. It could easily be read in three hours' time. It will not serve as a reference text for either student nurse or student dietitian. It would be informative for the lay public.

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## BOOKS RECEIVED FOR REVIEW

Books received for review by *The American Journal of Clinical Nutrition* are acknowledged in this column. As far as practicable, those of special interest are selected, as space permits, for extensive review.

**Disorders of Carbohydrate Metabolism**, edited by D. A. Pyke. J. B. Lippincott Co., Philadelphia, 1963, pp. 248, \$6.00.

**Fluid and Electrolytes in Practice**, 3rd edition, by H. Statland. J. B. Lippincott Co., Philadelphia, 1963, pp. 329, \$8.50.

**Ciba Foundation Study Group No. 14, Intestinal Biopsy**, edited by G. E. W. Wolstenholme and M. P. Cameron. Little, Brown & Co., Boston, 1962, pp. 120, \$2.95.

**The Ciba Foundation Symposium, Bilharziasis**, edited by G. E. W. Wolstenholme and M. O'Con-

nor. Little, Brown & Co., Boston, 1962, pp. 433, \$11.50.

**Phenylketonuria**, edited by F. L. Lyman. Charles C Thomas, Springfield, Ill., 1963, pp. 318, \$12.75.

**Chemistry for the Applied Sciences**, by K. B. Hoffman. Prentice-Hall, Inc., Englewood Cliffs, N. J., 1963, pp. 429, \$6.95.

**Human Nutrition**, by V. H. Mottram. Edward Arnold Ltd., London, 1963 (The Williams & Wilkins Co., Baltimore, exclusive U. S. agents), pp. 264, \$4.75.

**Physiological Measurement of Metabolic Function in Man**, by C. F. Consolazio, R. E. Johnson and L. J. Pecora. McGraw-Hill Book Co., Inc., New York, 1963, pp. 505, \$14.50.

**The Nutrition Research Laboratories Hyderabad (Deccan) Seventh Annual Report for the Period 1st October 1961 to 30th September 1962**, by the Indian Council of Medical Research. Indian Council of Medical Research, Hyderabad, India, 1962, pp. 51.

**Malnutrition and Food Habits**, edited by A. Burgess and R. F. A. Dean. Macmillan Co., New York, 1963, pp. 210, \$4.50.

**Dietary and Neural Factors in Hypertension**, by C. M. Wilhelmj and H. H. McCarthy. Charles C Thomas, Springfield, Ill., 1963, pp. 153, \$6.75.

**A Philosophy of Infant Feeding**, by S. S. Levin. Charles C Thomas, Springfield, Ill., 1963, pp. 175, \$7.00.

**Protein Metabolism. Influence of Growth Hormone, Anabolic Steroids, and Nutrition in Health and Disease. An International Symposium**, edited by F. Gross. Springer Verlag, Berlin, 1962, pp. 521.

**Quantitative Problems in Biochemistry**, by E. A. Dawes. The Williams & Wilkins Co., Baltimore, 1962, pp. 295, \$7.50.