

tive cytophysical studies. The first two of seven chapters briefly summarize the physical basis of interferometry and describe the types (beam systems) of the interference microscopes. There follows an explanation of the theoretical and practical interpretation of the image patterns and a description and evaluation of the practical methods of measuring optical retardation with a discussion of the cytochemical significance of measurements of this phenomenon. The concluding chapter deals with possible sources of error in the establishment of absolute values of protein, nucleic acids, lipids, carbohydrates, protoplasm, and inorganic constituents. While most of the technical details are left to the experts for analysis, there is much valuable information to the morphologist who is interested in interference as a method for research. The book makes stimulating reading and does not fail to mention pitfalls of the method. To the experimental pathologist, who is aware of the limitations of light microscopy, the book is a welcome guide to a method of approach which promises further progress in the field of histo- and cytochemistry.

M. SILBERBERG

Nutrition for Practical Nurses, ed. 2, by Phillis S. Howe. W. B. Saunders Company, Philadelphia, 1958, pp. 219, \$2.75.

This is a practical, simply written booklet that will be an invaluable aid to the practical nurse. It covers a variety of subjects from a concise explanation of nutrition, digestion, absorption, and metabolism to national and religious food habits. The correlation of diet with the many diseases of medical origin is discussed.

DOROTHY SHOGI

BOOKS RECEIVED

Books received for review by THE AMERICAN JOURNAL OF CLINICAL NUTRITION are acknowledged in this column. As far as practicable, those of special interest are selected, as space permits, for a more extensive review.

Ciba Foundation Symposium on Amino Acids and Peptides with Antimetabolic Activity, edited by G. E. W. Wolstenholme and Cecilia M. O'Connor, Little, Brown & Company, Boston, 1958, pp. 286, \$8.75.

Congrès International de la Fonction Biliaire: I. Volume des Rapports; II. Volume des Communications Thérapeutique Thermale, Masson & Cie, Paris, 1958, I, pp. 462; II, pp. 172, 5,000 fr.

Long-Term Illness: Management of the Chronically Ill Patient, edited by Michael G. Wohl, W. B. Saunders Company, Philadelphia, 1959, pp. 748, \$17.00.

